



2012 Summer Championships

Friday 16th March, 2012
 Friday 23rd March, 2012
 Saturday 24th March, 2012

“CREATING MORE THAN A RIPPLE”
www.galstonswimclub.com.au

Entry is \$2 per race (max \$10 per child, \$20 per family).
 Pool entry is separate.

CONDITIONS:

- The meet will be conducted under the rules of NSWSA INC.
- One start rule will apply
- All events are timed finals
- Must have met participation criteria as per Club Handbook
- All entrants must be a current financial first claim member of Galston Swim Club

ENTRIES:

- Age as at 16th March, 2012
- Entries on multi entry cards
- **Entries close Friday, 9th March, 2012.**

Points are allocated Male and Female separately in Age groups according to events (eg; 9/10 years together, 11/12 years together)

1 st	12 points	4 th	3 point
2 nd	8 points	5 th	2 point
3 rd	6 points	6 th	1 point

1st, 2nd and 3rd place Trophies will be awarded for point score winners in each combined age group eg; 9-10 for each sex. Session 1 and 2 points are combined - Session 3 (400m freestyle) is a separate point tally.

Session 1 - Friday 16th March, 2012
 Warm up: 6.30pm Start: 7.00pm

Event No.		Age	Distance	Stroke
Boys	Girls			
1	2	5-7 years*	25m	Backstroke
3	4	7-8 years	50m	Backstroke
5	6	9-10 years	50m	Backstroke
7	8	11-12 years	100m	Backstroke
9	10	13-14 years	100m	Backstroke
11	12	15 years & over	100m	Backstroke
13	14	5-7 years*	25m	Butterfly
15	16	7-8 years	25m	Butterfly
17	18	9-10 years	50m	Butterfly
19	20	11-12 years	50m	Butterfly
21	22	13-14 years	100m	Butterfly
23	24	15 years & over	100m	Butterfly
25	26	7-8 years	100m	Freestyle
27	28	9-10 years	100m	Freestyle
29	30	11-12 years	200m	Freestyle
31	32	13-14 years	200m	Freestyle
33	34	15 years & over	200m	Freestyle

*Events 1, 2, 13 and 14 comprise the boys and girls 25m competition. 7 year olds who have not qualified to swim 50m are eligible to swim these 25m events. 7year olds who have qualified to swim 50m must swim 50m events



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Session 2 - Friday 23rd March, 2012

Warm up: 6.30pm Start: 7.00pm

Event No.		Age	Distance	Stroke
Boys	Girls			
35	36	5-7 years*	25m	Freestyle
37	38	7-8 years	50m	Freestyle
39	40	9-10 years	50m	Freestyle
41	42	11-12 years	100m	Freestyle
43	44	13-14 years	100m	Freestyle
45	46	15 years & over	100m	Freestyle
47	48	5-7 years*	25m	Breaststroke
49	50	7-8 years	50m	Breaststroke
51	52	9-10 years	50m	Breaststroke
53	54	11-12 years	100m	Breaststroke
55	56	13-14 years	100m	Breaststroke
57	58	15 years & over	100m	Breaststroke
59	60	7-8 years	100m	Individual Medley
61	62	9-10 years	100m	Individual Medley
63	64	11-12 years	200m	Individual Medley
65	66	13-14 years	200m	Individual Medley
67	68	15 years & over	100m	Individual Medley

* Events 35, 36, 47 and 48 comprise the boys and girls 25m competition. 7 year olds who have not qualified to swim 50m are eligible to swim these 25m events. 7year olds who have qualified to swim 50m must swim 50m events

400m Championships

Session 3 - Saturday 24th March, 2012

Warm up: 2.00pm Start: 2.30pm

Event No.		Age	Distance	Stroke
Boys	Girls			
69	70	8 years & under	400m	Freestyle
71	72	9-10 years	400m	Freestyle
73	74	11-12 years	400m	Freestyle
75	76	13-14 years	400m	Freestyle
77	78	15 years & over	400m	Freestyle

* 400m Freestyle has a time limit of 9 minutes for 8/under, 8 minutes for other age groups. Any swimmer who has not completed the event within the required time may be asked to stop swimming and vacate the pool.